



**16<sup>th</sup> March 2022**

**St. Mary's Conference of the Society of St. Vincent de Paul, Glenravel, wish to reach out to all our parishioners in these times of great need and economic hardship.**

**We respond to those:**

- **struggling because of change in circumstance**
- **finding themselves in the poverty trap (the working poor)**
- **overcome by rising costs of heating, electricity, food**
- **trying to cope with illness**
- **fallen on hard times**

**Our Ethos:**

**Confidentiality and the respect for people's dignity underpins our entire ethos. We therefore carry out our work quietly and discreetly.**

**Last year we provided:**

**Food Vouchers, Vouchers for Christmas, Clothing/Furniture/White goods,  
Oil/Coal, Food /Hampers, Assistance with children's Summer Scheme, Assistance to  
SPRED, Miscellaneous items of direct assistance to families and individuals.**

**We believe no one should 'Suffer in Silence' when we are here to help. Please contact us!**

**Our Local SVP Helpline number is 07508549604**

**Dympna Gallagher**

**President, St. Mary's Conference, Glenravel**