



1 September 2021

## **FOOD ALLERGIES**

Dear Parents,

We have pupils who have severe food allergies in our school.

Mary Queen of Peace Primary School is a **NUT FREE** school. We would ask that you please ensure there is a strict avoidance of any food products containing nuts being brought into school. Any exposure to nuts even in the smallest form may cause a potentially fatal reaction. Food items such as Nutella, Snickers bars, peanut butter and products with nuts listed in their ingredients should not be included in your child's lunch box.

Other foods our pupils are allergic to include: chicken, turkey, mustard, coconut, sesame seeds, peas and eggs. We would encourage pupils who have any of these items in their lunchbox to wash their hands after eating and surfaces will be wiped down to ensure traces are removed.

Your support with food allergies in school is very important for the welfare of the children.

Yours Sincerely,

Malachy Conlon

Principal

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