

# Name of School - Lunch Menu Single Choice

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 29 <sup>th</sup> Aug 26 <sup>th</sup> Sept 24 <sup>th</sup> Oct 21 <sup>st</sup> Nov 19 <sup>th</sup> Dec 16 <sup>th</sup> Jan	Spaghetti Bolognese  Crusty bread Sweetcorn Salsa Potato Salad  Raspberry Ripple Ice Cream & Watermelon Chunks	Breast of Chicken Curry with Boiled Rice & Naan Bread  Tossed Salad & Coleslaw Garden Peas  Chocolate & Pear Sponge with Custard	Roast Loin of Pork <i>or</i> Baked Salmon & lemon wedge  Traditional Stuffing/Gravy Carrot & Parsnip and Broccoli Florets Oven Dry Roast & Mashed Potato  Popcorn Cookies with Pear Slices & Black Grapes	Chicken Goujons Sweetcorn & Red Pepper Oven Baked Chilli potato wedges  Frozen Smoothies & Fresh Fruit	Fish Fingers  Baked Beans Chips /Baked Potato  Fresh Fruit Salad & Yoghurts
<b>WEEK 2</b> 5 <sup>th</sup> Sept 3 <sup>rd</sup> Oct 31 <sup>st</sup> Oct 28 <sup>th</sup> Nov 26 <sup>th</sup> Dec 23 <sup>rd</sup> Jan	Oven Baked Sausages  Baked Beans Mashed Potatoes  Arctic Roll with Sliced Peaches	Breaded Fish Fillets Sweetcorn & Peas Mashed Potato  Frozen Yoghurt with Pineapple Chunks	Roast Breast of Chicken <i>or</i> Baked Salmon & lemon wedge  Traditional Stuffing/Gravy Savoy cabbage and Diced Carrots Oven Roast Dry & Mashed Potato  Chocolate Brownie with Raspberry Milkshake	Chicken Tikka with Boiled Rice & Naan Bread  Garden Peas Baked Potato Tossed Salad  Apple Sponge & Custard	Steak Burger & Bap  Chips /Baked Potato Tossed Salad Coleslaw  Flakemeal Biscuit & Fruit Chunks
<b>WEEK 3</b> 12 <sup>th</sup> Sept 10 <sup>th</sup> Oct 7 <sup>th</sup> Nov 5 <sup>th</sup> Dec 2 <sup>nd</sup> Jan 30 <sup>th</sup> Jan	Fish Fingers Baked Beans / Sweetcorn Mashed Potato  Swiss Roll filled with Yoghurt and fruit	Breast of Chicken Curry & Rice, Naan Bread Garden Peas  Frozen Yoghurt & Fresh Fruit Selection	Roast Gammon <i>or</i> Baked Salmon & lemon wedge  Traditional Stuffing, Gravy Baton Carrots/Broccoli Oven Dry Roast & Mashed Potatoes  Rice Pudding with Melody of fruit	Breaded Chicken Goujons with Garlic Dip  Sweetcorn, Homemade Chilli Diced Potatoes  Vanilla Ice Cream, Pears, & Chocolate Sauce	Steak Burger with Bap  Tossed Salad/Coleslaw Chips Baked Potato  Flakemeal Biscuits & Fresh Fruit Chunks
<b>WEEK 4</b> 19 <sup>th</sup> Sept 17 <sup>th</sup> Oct 14 <sup>th</sup> Nov 12 <sup>th</sup> Dec 9 <sup>th</sup> Jan 6 <sup>th</sup> Feb	Spaghetti Bolognese  Crusty Bread Cheese Tossed Salad  Honey Dew Melon Wedges and Ginger Cookie	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna) Fish Bite Pizza Fingers Cocktail Sausages Carrot Sticks  Fruit Muffin & Milkshake	Roast Pork <i>or</i> Baked Salmon & lemon wedge  Traditional Stuffing/Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato  Chocolate Brownie and Banana Chunk	Breast of Chicken Curry with Boiled Rice & Naan Bread  Garden Peas  Fruit Crumble & Custard	Breaded Chicken Bites  Baked Beans Chips /Baked Potato  Jelly, Ice Cream & Fresh Fruit

*Breads  
Milk, Water  
A Choice of Fresh Fruit & Yoghurt  
Available Daily*

*If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form*

Menu choices subject to deliveries

