Name of School - Lunch Wienu Single Choice					
	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 29 th Aug	Spaghetti Bolognaise Crusty bread	Chicken Curry with Boiled Rice & Naan Bread	Roast Loin of Pork <i>or</i> Baked Salmon & lemon wedge	Chicken Goujons Sweetcorn & Red Pepper Oven Baked Chilli potato	Fish Fingers Baked Beans
26 th Sept 24 th Oct 21 st Nov	Sweetcorn Salsa	Tossed Salad & Coleslaw Garden Peas	Traditional Stuffing/Gravy Carrot & Parsnip and Broccoli Florets	wedges	Chipped Potato/Baked Potato
19 th Dec 16 th Jan	Raspberry Ripple Ice Cream & Watermelon Chunks	Chocolate & Pear Sponge with Custard	Oven Dry Roast & Mashed Potato Popcorn Cookies with Pear Slices & Black Grapes	Frozen Smoothies & Fresh Fruit	Fresh Fruit Salad & Yoghurts
WEEK 2	Oven Baked Sausages Baked Beans	Fish Fingers, Sweetcorn & Peas Mashed Potato	Roast Breast of Chicken <i>or</i> Baked Salmon & lemon wedge	Chicken Curry with Boiled Rice & Naan Bread	Steak Burger & Bap Chipped/Baked Potato
5 th Sept 3 rd Oct 31 st Oct 28 th Nov 26 th Dec	Mashed Potatoes	iviasileu rotato	Traditional Stuffing/Gravy Savoy cabbage and Diced Carrots Oven Roast Dry & Mashed Potato	Garden Peas Baked Potato Tossed Salad	Tossed Salad Coleslaw
23 rd Jan	Arctic Roll with Sliced Peaches	Frozen Yoghurt with Pineapple Chunks	Chocolate Brownie with Raspberry Milkshake	Apple Sponge & Custard	Flakemeal Biscuit & Fruit Chunks
WEEK 3 12 th Sept	Fish Fingers Baked Beans Mashed Potato	Chicken Curry & Rice, Naan Bread Garden Peas	Roast Beef <i>or</i> Baked Salmon & lemon wedge	Breaded Chicken Goujons with Garlic Dip	Steak Burger with Bap Tossed Salad/Coleslaw
10 th Oct 7 th Nov 5 th Dec	Swiss Roll filled with Yogurt	Frozen Yoghurt & Fresh Fruit	Traditional Stuffing, Gravy Baton Carrots/Broccoli Oven Dry Roast & Mashed Potatoes	Sweetcorn, Homemade Chilli Diced Potatoes	Chips Baked Potato
2 nd Jan 30 th Jan	and fruit	Selection	Rice Pudding with Melody of fruit	Vanilla Ice Cream, Pears, & Chocolate Sauce	Flakemeal Biscuits & Fresh Fruit Chunks
WEEK 4	Spaghetti Bolognaise	BUFFET: Selection of Sandwiches	Roast Pork <i>or</i> Baked Salmon & lemon wedge	Chicken Curry with Boiled Rice & Naan Bread	Fish Fingers
19 th Sept 17 th Oct 14 th Nov 12 th Dec 9 th Jan	Crusty Bread Cheese Tossed Salad	(Chicken/Cheese/Tuna) Chicken nuggets Pizza Finger Cocktail Sausages Carrot Sticks	Traditional Stuffing/Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato	Garden Peas	Baked Beans Chipped/Baked Potato

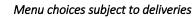
Chocolate Brownie and Banana

Chunk

Fruit Crumble & Custard

ea Education Authority

If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form



and Ginger Cookie

Honey Dew Melon Wedges

Fruit Muffin & Milkshake

6th Feb





Jelly, Ice Cream & Fresh Fruit





