

PRIMARY MENU - 2019 (SINGLE CHOICE) - MENU A

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Spaghetti Bolognese, Herb Bread & Sweetcorn Apple Sponge & Custard	Chicken Curry , Rice Carrots & Naan Bread Chocolate & Orange Juice	Roast Chicken, Stuffing Carrots, Broccoli, Gravy, Mashed & Dry Roast Potatoes Flakemeal Biscuit, Fruit & Milkshake	Homemade Vegetable Soup & Bread, Beef Burger & Bap with Side Salad Ice-cream & Fresh Fruit	Fish Fingers Peas or Beans Chips or Baked Potato Fresh Fruit & Yoghurt
Week Two	Spaghetti Bolognese Mixed Vegetables, & Herb Bread Frozen Yogurt & Fruit	Fish Fingers Peas or Sweetcorn & Diced Potatoes Chocolate & Pear Sponge & Choc Sauce	Roast Chicken, Stuffing & Gravy, Carrots, Peas Oven Roast & Mashed Potato Cookie & Orange Juice	Brown Beef Stew Cabbage Mashed Potatoes Fruit Krispie & Custard	Oven Baked Sausages, Beans or Peas Chips or Baked Potato Yogurt & Fruit
Week Three	Chicken Curry, Rice, Peas & Naan Bread Ice-Cream Tub & Fruit	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna) Pizza Fingers Cocktail Sausages Carrot Sticks Chocolate Brownie & Orange Juice	Roast Gammon Cabbage & Carrots Mashed & Dry Oven Roast Potatoes, Stuffing & Gravy Rice Pudding & Mandarins	Homemade Vegetable Soup & Bread, Beef Burger & Bap with Side Salad Milkshake & Biscuit	Oven Baked Crumbd Fish Beans Chips or Baked Potato Fruit & Yoghurt
Week Four	Pasta Bolognese, Sweetcorn & Herby Crusty Bread Sponge Fruit & Custard	French Bread Pizza Salad & Potato Wedges Fruit Sponge & Custard	Roast Pork, Carrots, Cabbage Dry Oven Roast, Mashed Potatoes, Stuffing & Gravy Ice-Cream Jelly & Fruit	Fish Cake Peas Mashed Potatoes, & Parsley Sauce Biscuit Fruit & Milkshake	Oven Baked Sausages, Beans Chips or Baked Potato Fruit & Yoghurt

**school
food**

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www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.**

**If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance**



try something new today