



CON MAGEES GAC
GLENRAVEL



FUNdamentals

Fridays

Playgroup & P1: 6pm-6.50pm

P2&P3: 7.00pm-7.50pm

Dear Parents,

We are delighted to invite your child to come along to Fundamentals coaching, commencing this Friday 19th January in the Parish Centre (main hall).

The key emphasis of our coaching at this level is to introduce your child to basic skills in movement and coordination, skills that will develop their active movement and give them a solid baseline for sport. In addition, they will also develop the key skills of throwing, catching, striking and kicking.

We place a lot of emphasis on FUN. It is key for us that your child is happy and enjoys their time with us.

Sessions will run on the following dates:

January 19th

January 26th

February 2nd

February 9th

MIDTERM (no session)

February 23rd

March 2nd

March 9th

ST PATRICK'S WEEKEND (no session)

March 23rd



Please bring a water bottle and £5 to cover the cost of the 8 weeks.